



## AmeriHealth Caritas Next invites you to join a **Behavioral Health Bootcamp ECHO Series**

AmeriHealth Caritas Next, in collaboration with Project ECHO, is excited to launch a Behavioral Health Bootcamp ECHO series — an emerging case-based learning model for practitioners. Continuing medical education credits will be available for physicians and continuing education units will be available for nurses and social workers who attend this series. This opportunity doesn't cost anything for participating AmeriHealth Caritas Next practitioners. Please read on for more information, and register to join an ECHO Model® clinic.

### **What is Project ECHO®?**

The Extension for Community Healthcare Outcomes, or ECHO model, was developed by the University of New Mexico Health Sciences Center and is now used nationwide in the United States and internationally.

For more information on Project ECHO, please visit <https://echo.unm.edu>.

### **What's the goal of this program?**

The AmeriHealth Caritas Next Behavioral Health Bootcamp ECHO program exists to:

1. Provide education to increase screening and treatment of behavioral health disorders among members in physical health settings.
2. Help providers recognize symptoms, adaptations, or somatic complaints in response to a traumatic experience.
3. Build skills to successfully engage members in treatment through motivational interviewing and harm reduction interventions.



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## When and how often will ECHO sessions take place?

Sessions will be ongoing, and additional sessions will be established to address specific topics as the need dictates. All ECHO sessions will occur on Thursdays at noon ET. Follow the instructions on this page to register.

## How do I register to participate?

Register by emailing [projectecho@amerihealthcaritas.com](mailto:projectecho@amerihealthcaritas.com) and requesting to join the AmeriHealth Caritas Next Behavioral Health Bootcamp ECHO Program.

## Do I need special equipment to attend?

It is best to have a webcam-equipped laptop, tablet, or smartphone to attend the continuing education sessions. Trainings will take place via the Zoom app. It is PC- and Mac-compatible and is available at no cost to participants. However, you may need to download Zoom to your laptop, tablet, or smartphone to participate.

## Questions?

Please contact Shoshannah Guerrero, PhD, LMFT, Population Health Training Manager, Project ECHO, at 1-855-410-6639 or [projectecho@amerihealthcaritas.com](mailto:projectecho@amerihealthcaritas.com).

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Date	Focus
February 5, 2026	Substance Use in the Adolescent Population: Understanding SBIRT
February 19, 2026	Anxiety Disorders: Diagnosis and Treatment
March 5, 2026	Zero Suicide Using the Trauma-Informed Care Model
March 19, 2026	Treatment of Opioid Use Disorder in Pregnancy and the Postpartum Period
April 2, 2026	Motivational Interviewing and Assessing Social Determinants of Health
April 16, 2026	Differential Diagnosis and Treatment of Narcissistic Personality Disorder, Borderline Personality Disorder, and Bipolar Disorder



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